

About Patrick

Patrick is rules-oriented and likes to see things work the way they are intended. His professional life has spanned both public and private sectors; military and civilian cultures; spiritual and temporal matters.

In all of them, one key focus is important: "remember who you serve." He believes that most problems in this world would disappear if we would just keep our purpose foremost in our minds... our purpose is to serve.

The challenge is to recognize who is served in every decision we make.

Patrick is the author of the award-winning "The Personal Rosary" and co-author of international best-seller "Cracking the *Rich* Code, Vol 10."

As a speaker, he shares reflections on living the virtues—love in action—in all of our relationships. Self-awareness is the first step to Servant Leadership.



HUMILITY



As the conquerer of sin and death, our Lord gave us tools to deal with temptation in pursuit of virtue. In fasting, we discipline the flesh to tame our desires. In almsgiving, we are focused not on all that we want but on what we have to give. In prayer, we humble ourselves before God to follow His way and not our own.

If we would live the virtues, we must live an attitude of self-sacrifice and love—and discipline our hearts to serve Him and those He loves.

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THE VIRTUES

Servant Leadership Love in Action



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The choice is between fear and love... selfishness and service

We envision an idyllic image of our preferred life. What holds us back from achieving it? Often, it is a fear of failure or even fear of success sabotaging us one decision at a time until our best life is only a distant, unobtainable dream. In moments of consequence, making the choice to give freely from the heart helps neutralize the paralysis of fear. In love, we find true freedom.

Love drives us forward and illuminates the desires of our hearts. Where fear asks, "what's the worst that can happen?", love vows the best we have to give. Fear is a manifestation of selfishness while love is the realization of altruism. Fear is limiting while love is infinite.

When we recognize that fear and love frame our every decision, we grow in our personal and professional lives. We seek new heights rather than agonizing about imagined depths. With an outward focus, we can understand the fear and love of those around us... and become worther leaders.

In every decision, the love or fear we choose becomes the "why" that either inspires greatness or stunts our growth.

LEADERSHIP BEGINS WITH YOU

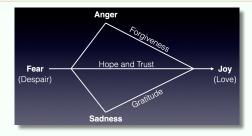
"No man is fit to command another that cannot command himself."

- William Penn



OUR DEEPEST MOTIVATIONS

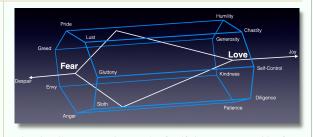
Ultimately, we are emotional beings. We have different intellectual and physical abilities but we all react to our world emotionally... even those most incapacitated. Our basic emotions are joy, anger, sadness, and fear. God uses these emotions to interact with us and we can understand each other through them. Through prayer, we orient our emotions on the God Who made us. Our ultimate choices—great or small—are a decision between love and fear.



Through forgiveness, gratitude, hope and trust, we find our way to joy.

THE CARDINAL VIRTUES

We are called to model virtue in our lives. Or if one loves righteousness,/whose works are virtues,/She teaches moderation and prudence,/righteousness and fortitude,/and nothing in life is more useful than these (Wis 8:7). These four cardinal virtues (temperance, prudence, justice, and courage) and all other virtues are centered on love. And over all these put on love, that is, the bond of perfection (Col 3:14).



The deadly sins are the result of selfishness inspired by fear rather than love inspired by virtue.

SERVANT LEADERSHIP... VIRTUE IN PRACTICE

The Servant Leader CARES about the mission and their people. A practice of virtue is a focus on selflessness—love.

Communication - share the mission
Accompaniment - live the example
Responsibility - commit to the mission (Temperance)
Evolution - grow people and organization (Fortitude)
Service - do all that is required to succeed (Charity)



The actions and motivations of servant leaders are focused on the mission and their people.